



**Faculty of Dental Sciences**  
**SGT University, Gurugram**  
**Department of Public Health Dentistry**  
**Out Reach Activities 2018**

## **OVERVIEW**

The branch of Public Health Dentistry deals with more of general dentistry at the out-reach levels and also with research on oral health care. The role of Public Health Dentist is equally important in today's world as we are able to make the dental care facilities available to the masses & needy people, to whom these services are not available at approachable & affordable standards. We at SGT University believe in planning and executing targeted goals so that we can perform our duties as health care clinicians to alleviate the enormous levels of dental diseases from all the age groups of the society.

The department is regularly conducting outreach activities on daily basis, thus providing screening and treatment for oral diseases in rural as well as urban areas in and around Gurugram-NCR. The objective behind such programs is to make the dental care facilities available to the masses & needy people, to whom these services are not available at approachable & affordable standards. The department has conducted around 189 camps during 2018. Around 25000 patients were screened and treated for their ailments at the camp site. Also, the patients were referred to the Faculty of Dental Sciences, SGT University for further advanced care. We also collaborated with Colgate Palmolive Pvt. India Ltd. for conducting oral health screening exercise at various locations in National Capital Region. We conducted 275 such activities at various locations covering nearly 80,000 school children from 20<sup>th</sup> November 2018 till December 2018. Some of the outreach/ extension activities organised by the department are as follows:

1. An oral health screening camp was organized by Department of Public Health Dentistry SGT Dental College at Government School, Palra village, Haryana in association with IGD NGO funded by DLF foundation. 49 patients including school children were examined. Patients who required treatment were referred to SGT University for further treatment. Gramin Health card and oral health education material was also distributed among patients. School children were explained about tooth brushing techniques and were given demonstrations for the same. The purpose of the Oral Health screening camp was to create awareness among the community and make them understand the importance of oral health care.

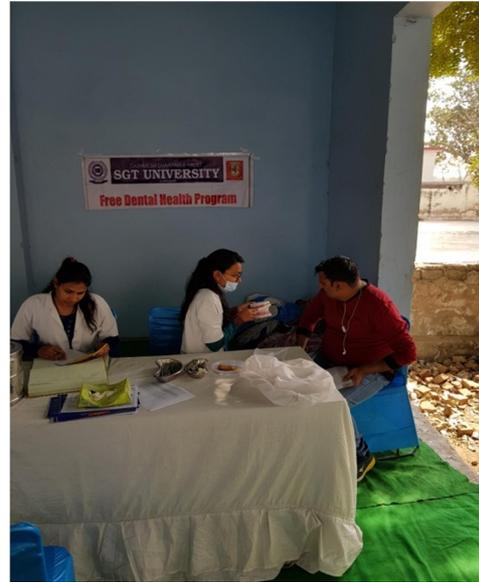


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2. An oral health screening camp was organized by Department of Public Health Dentistry, SGT Dental College in collaboration with student outreach marketing team at Mata Nand Kaur Sr. Sec. School, Village Dhansa, New Delhi on 6-3-18 to celebrate National dentist Day. 595 school children were examined. Patients who required treatment were referred to SGT University for further treatment. Gramin Health card and oral health education material was also distributed among school children. School children were explained about tooth brushing techniques and were given demonstrations for the same.





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- An oral health awareness, checkup and treatment camp was organized at Observation Home for Boys II, Seva Kutir Complex, Kingsway Camp, Delhi by Department of Pedodontics and preventive Dentistry and Department of Public Health Dentistry, SGT Dental College, Hospital and Research Institute, Gurugram on 13th March 2018. 106 inmates were examined and out of which 56 scalings and 27 restorations were done according to their need. Oral health education material was also distributed among them and was also explained about appropriate tooth brushing technique.





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4. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and treatment program on 20th march 2018 at Village Badhsa, Haryana in collaboration with NGO Reliance SEZ Pvt. Ltd. Around 127 patients were examined out of which 41 were provided dental treatment in the mobile dental van. Patients who required complex dental treatment were referred to SGT University for further procedures. Along with the Dental Checkup and Treatment Toothpaste, Mouthwash, Medicines were also distributed to the patients according to their symptoms after checkup which was provided by Reliance SEZ Pvt. Ltd. The session was concluded by giving oral health education speech to the participated people.





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5. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening program on 21st March 2018 at ASHA Bhawan, A drug rehabilitation program centre in Sector 10-A, Gurugram. The Dental Check up was headed by Dr. Swati along with 5 interns and 1 attendant. 30 patients were examined. Patients who required dental treatment were referred to SGT University for further procedures. Along with the Dental Check-up Toothpaste, Mouthwash Medicines were also distributed to the patients according to their symptoms after check-up.



6. An oral health screening and treatment camp was organized by Department of Public Health Dentistry SGT Dental College at, Sondhi village Haryana in association with Reliance on 25-5-18. Around 87 patients were examined. 17 oral prophylaxis and 3 extractions were done at



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the camp site. Patients who required further treatment were referred to faculty of dental sciences SGT University. School children were explained about tooth brushing techniques and were given demonstrations for the same. Toothpastes and mouthrinses were distributed to the needy adult population. Ill effects of tobacco were also explained to the patients especially the smokers



7. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening program on 26th May 2018 at S D Adarsh Vidya Mandir, Shivpuri, Gurgaon. This programme was conducted in collaboration with The Rotary Club of Gurgaon, South City. Mr. Pawan Sapra, President, Rotary Club of Gurgaon South City and Mrs Seema Pahuja, Councillor, Sector-4, Gurgaon, were also present throughout the programme to motivate and support the team. Around 64 children were examined. Children who required complex dental treatment were referred to SGT University for further



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procedures. An awareness activity was organised within School campus, delivering proper brushing technique. Toothpastes were distributed to all the children present there.



- World No Tobacco Day is observed around the world every year on 31st May. It is intended to encourage a 24-hour period of abstinence from all forms of tobacco consumption around the globe. Department of public health dentistry, SGT University conducted consecutively 3 Days oral health screening and treatment programme (25th to 27th May 2018) at different location to spread awareness about use of tobacco and its ill effects as well as about its cessation. 1st Day programme was organized at Sondhi village Haryana in association with Reliance where screening of 87 patients including 17 oral prophylaxis and 3 extractions were done. Afterwards, 2nd Day programme was organised at S D Adarsh Vidya Mandir Shivpuri, Gurgaon which was conducted in collaboration with The Rotary Club of Gurgaon, South City. This programme examined 64 children and informed them about serious effects of tobacco on oral and general health. Last Day the programme was conducted at Jatusana village Rewari District Haryana in association with Rotary south Gurugram branch and Gramin Uthan and Bharat Nirman. On this day, a total of 69 patients were screened and told



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about importance of self examination of oral cavity to screen for early signs of oral cancer. During all 3 days; Basic education material as well as toothbrush and toothpaste were distributed to one and all and patients who required further treatment were referred to faculty of dental sciences SGT University. As tobacco has become one of the reason for major consequences in oral health so prevention should be started by one own as every ounce count.



9. Department of Public Health Dentistry and Department of Pedodontics & Preventive Dentistry collaboratively organised various activities to improve oral health education & awareness, on 1st August 2018 at various locations as follows on the occasion of Oral Hygiene Day and the occasion of National Oral Health Day celebrated by Indian Dental Association.

The program mainly covered oral health education, awareness, check-up and appropriate oral health product & IEC (Information, Education & Communication) material distribution.



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The program was simultaneously organised at following three locations:

- a. Out Reach Camp Location planned in collaboration with Publicity Team– Oral Hygiene importance was also imparted at an outreach location where children and adult people were given oral health education along with samples and IEC material.



- b. An on-campus walkathon involving all 3rd Year & 4th Year BDS Students highlighting the importance of Oral Hygiene – Almost 50 undergraduate students, post-graduates & faculty members participated in the walk where in IEC material in local language was distributed to all patients waiting in dental OPD & Medical OPD areas. Students with their display charts silently highlighted the various important aspects of Oral Hygiene amongst all patients. Many patients took note of the simple oral health related concepts and promised that they will get their dental check-up done.



- c. Inauguration of New Dental OPD Check-up & Referral clinic in SGT Hospital – This new clinic was inaugurated by Dr. Sham Singla, Pro Chancellor, SGT University, Dr. Anil Gupta, Dean, Faculty of Dental Sciences & Dr. Shourya Tandon, Prof & Head, Public Health Dentistry along with postgraduates from department. This clinic will form as the referral centre for all the patients & their relatives visiting medical hospital who will be checked for their dental problems and made aware about possible treatment options at the advanced dental clinic facility.

10. An oral health awareness and screening and treatment camp was organized by Department of Public Health Dentistry with the collaboration of Reliance MET. Around 60 patients were examined. 6 Oral Prophylaxis and 2 Extractions were done. Patients who required complex



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dental treatment were referred to SGT University for further procedures. Along with the Dental Check up toothpaste and toothbrush were also distributed to the needful patients after check up. Dr. Tanvi gave demonstration of proper brushing technique to patients who attended the camp. The purpose of the Oral Health check and treatment camp was to create awareness among the community and make them understand the importance of oral health care.



11. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening program on 23rd August 2018 at DAV Public School, Hailey Mandi A total of 173 patients were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education speech to the participated people and teaching of brushing technique on models. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care so as to build a strong and healthy nation.



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12. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening program on 12-9-18 at village Badli. A total of 42 patients were examined out of which 21 were given treatment in mobile dental van. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education speech to the participated people and teaching of brushing technique on models.



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13. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 1st October 2018 at Rao Ganga Ram Senior Secondary Public School, Kapashera, New Delhi. A total of 258 patients were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education speech to the participated people and teaching of brushing technique on models.





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14. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening program on 03-10-18 at village Kherijat. A total of 25 patients were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures. The session was concluded by giving oral health education speech to the participated people and teaching of brushing technique on models.





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15. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening camp on 16th October 2018 at KIIT WORLD SCHOOL, Pitampura, Rohini, New Delhi. A total of 431 patients were examined. Patients who required complex dental treatment were referred to SGT Dental Hospital for further procedures and management. The session was concluded by giving oral health education speech to the participated people and teaching of brushing technique on models. The purpose of the Oral Health talk was to create awareness among the community and make them understand the importance of oral health care so as to have a educated disease free healthy nation.





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16. The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University conducted oral health screening and treatment program on 18th October, 2018 at Village Nimana, Haryana in collaboration with NGO Reliance SEZ Pvt. Ltd. Mobile Dental Van of the University was also taken for the event to accomplish the treatment procedures. Around 130 patients were examined out of which 24 were provided dental treatment in the mobile dental van. Patients who required complex dental treatment were referred to SGT University for further procedures. Along with the Dental Checkup and Treatment Toothpaste, Mouthwash, Medicines were also distributed to the patients according to their symptoms after checkup which were provided by Reliance SEZ Pvt. Ltd.





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## 17. Oral Health Care Collaborative Initiative with Colgate Palmolive Pvt. India Ltd.

The Department of Public Health Dentistry of Faculty of Dental Sciences, SGT University in collaboration with Colgate – Palmolive, IICR-Healthy Smiles & Delhi Commission for Protection of Child Rights conducted oral health screening and awareness drive between 20th November 2018 – till date covering schools in various localities of Delhi & NCR areas. We have conducted 275 such activities at various locations covering nearly 80,000 school children from 20th November 2018 till December 2018. The activity involved screening oral health Education and distribution of Toothpaste and brush to the school children. Numerous teams of interns and faculty members participated wholeheartedly in the drive on a daily basis and will continue to do so in the coming weeks to cover as many school children as possible in order to spread awareness regarding oral health at a young age and also motivating the children to brush twice a day so they remain free from oral diseases and have a healthy future.

