



SGT UNIVERSITY
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved) Gurugram, Delhi-NCR



Community Outreach Activities 2019-2020



FACULTY OF INDIAN MEDICAL SYSTEM



Community Outreach Activities

At Budhera Village



FACULTY OF INDIAN MEDICAL SYSTEM



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INDIAN COLLEGE & UNIVERSITY RATING

Name of the faculty- FACULTY OF INDIAN MEDICAL SYSTEM

Name of the event/ programme. – Community Outreach Activities

Type of the programme- Plogging/ Awareness Programme

Date- 02-10-2019, Time – 09:00 AM onwards ,

Venue- SGT Campus and Budhera Village

BACKGROUND: 2nd oct on Gandhi Jayanti day his dreams, thoughts, ideologies and actions are followed by cleaning the surrounding and collecting litter in the dustbin.

ORGANIZERS : Faculty of Indian Medical System,

CO-ORDINATORS: All FIMS Faculty

OBJECTIVE OF THE PROGRAMME :

1. Littering is not acceptable
2. By picking up somebody else's trash, we seek to instil a sense of guilt in them



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Brief Report of the Programme: SGT University remembers Babu ji. His thoughts, ideologies and actions. This Gandhi Jayanti through Fit India movement and Swachh Bharat Abhiyaan, Faculty of Indian Medical System and all SGTians indulge in some plogging by cleaning the surrounding and collecting litter in the dustbin. This is done while doing the daily activity of jogging. SGTU believes in reliving the dreams of Gandhi ji through these small initiatives. Wishing everyone on Gandhi Jayanti.

Number of Students participated- More than 50

Number of Faculty Participated- More than 20

Collaborating Partner- Budhera Village





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Community Outreach Activity Ghar Ghar Amrita At SADHARANA Village



FACULTY OF INDIAN MEDICAL SYSTEM



Name of the faculty- FACULTY OF INDIAN MEDICAL SYSTEM

Name of the event/ programme. – Community Outreach Activities

Type of the programme- Ghar Ghar Amrita Programme

Date- 05-10-2019, Time – 09:00 AM onwards ,

Venue- Sadharana Village

BACKGROUND: As Amrita is called as Rastriya Aushadi. Which is having many scientific properties to prevent and cure the diseases, So its is a camping to spread awareness of Amrita at every home in every village.

ORGANIZERS : Dhanvantri Ayurved Association (Faculty of Indian Medical System)

CO-ORDINATORS: :Members of Dhanvantri Ayurved Association

OBJECTIVE OF THE PROGRAMME :

1. To promote and expand the knowledge and scientific benefits of the drug Amrita / giloya to prevent the disease and in diseased condition
2. Every home should have Amrita plant . where the drug should is easily available to all common people for its maximum benefits.

Number of Students participated- More than 40

Number of Faculty Participated- 4

Collaborating Partner- Sadharana Village



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Brief Report of the Programme: Dhanwantari Ayurveda Association, Faculty of Indian Medical System organized a "health awareness and Guduchi (*Tinospora cordifolia*) plantation program", in Govt. secondary school, Sadharana village, Gurugram on 05/10/2019. Faculty members of the Dhanwantri Ayurveda Association and 40 Students of FIMS visited the village. Students of Dhanwantri Ayurveda Association explained the medicinal importance of the Guduchi plant, also distribution and plantation of 150 plants were done in the village by the door to door visit. Association members also delivered valuable information to maintain health for school children.





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Community Outreach Activity

Door to Door Consultation of Preventive Regimens At Khuramkera Village



FACULTY OF INDIAN MEDICAL SYSTEM



Name of the faculty- FACULTY OF INDIAN MEDICAL SYSTEM

Name of the event/ programme. – Community Outreach Activities

Type of the programme- Door to Door Consultation of Preventive Regimens Programme

Date- 14-07-2019, Time – 10:00 AM onwards ,

Venue- Khuramkera Village

BACKGROUND: Community outreach activity regularly visiting nearby villages to create the awareness about Dinacharya and Rutucharya for prevention of the diseases.

ORGANIZERS : Faculty of Indian Medical System,

CO-ORDINATORS: Dr. Vidyavati and Dr. Yagyik

OBJECTIVE OF THE PROGRAMME :

1. To create the awareness of Ayurveda door to door.
2. To expand and expose the scientific benefits of Ayurveda and its treatment Modalities.

Number of Students participated- 4

Number of Faculty Participated - 2

Collaborating Partner- Khuramkera Village



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Brief Report of the Programme:

The community out reach team visits the villages in around Gurugram regularly to create the awareness of Ayurveda Door to Door schools, Chaupal etc.to expand and expose the health benefits of Ayurveda and its treatment Modalities along with this the regular plantation of Medicinal Herbs in Village, Schools etc . by training the students as well as villagers for their health benefits.





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